

## What to consider if you are thinking about weight loss surgery

Dr Lockie's Practice uses a multidisciplinary approach to weight loss. The integrated team of highly skilled professionals is key to our patient's success. This approach achieves excellent results long term with your weight loss.

### What does this mean?

We want all our patients to attend the allied health appointments to have the best longer-term weight loss not just to have bariatric surgery. This is focused on the long-standing program of before and after care.

Our team has studied the effect of this intervention, which is delivered to each individual patient.

When comparing our practice cost and services to other practice please consider the following: -

All patients will have pre and post operative education program and follow up coordinated by an experience advanced practice nurse.

All patients will have a risk assessment completed prior to surgery to provide the safest surgical option for you.

All patients will attend pre and operative dietician and psychology sessions to achieve the best success of long-term weight loss.

All patients found to have a hiatus hernia will have where clinically appropriate, repaired at time of bariatric surgery to reduce the amount of reflux post surgery. This will minimize the requirement for subsequent surgery.

Dr Lockie's practice long-term weight loss is impressive with most patients experiencing greater than 75% of their excess weight loss (the amount you need to lose).

Our practice has a support group open to only our practice patients to assist you to maintain your weight loss for your healthy future.

Our follow up services are there for life should you need them.

The combination of all these services has resulted in excellent patient success stories. We have results in weight loss, or remission of medical conditions such as normalizing blood pressure.

What we strive to achieve most of all is improved quality of life.

We hope you will allow US to assist you in your weight loss journey.