

## Michelle Graham

### Dietitian

BSc. (Nutrition);  
Masters Nutrition and  
Dietetics Accredited  
Practising Dietitian  
(APD)



I am an Accredited Practising Dietitian (APD) working in the private and public sector for the past 8 years. I hold a Bachelor of Science majoring in Nutrition as well as a Masters of Nutrition and Dietetics as well as being an active member of the Dietitians Association of Australia. I have been working intensively in the area of weight loss surgery for the past 6 years in which time I have gained valuable experience in this specific area. In addition to working in the field of bariatrics, I have a keen interest in many other areas including diabetes, gastrointestinal conditions such as coeliac/diverticular disease and sports nutrition.

I am focused on providing individualised information to assist patients with management post surgery as well as providing ongoing support and encouragement as part of the multidisciplinary team. I regularly attend the support group as a guest speaker.

*My focus is to educate and teach patients how to ensure adequate nutrition following weight loss surgery as well as to equip them with the necessary skills to maintain a healthy lifestyle.*

National Bariatric Day 1st July is to encourage patients to "Touch Base" with their surgeon for ongoing follow up care after their bariatric procedure.

Contact our rooms for your follow up appointment **07 3353 2011**



We are committed as an integrated team to provide you with the best weight loss procedure, supported by experts in the field of obesity and metabolic surgery.

*"Expert Care- Excellent Results"*

### Dr Phil Lockie

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Everton Park, QLD 4053

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GENERAL SURGERY • UPPER GI • LAPAROSCOPIC AND HERNIA SPECIALIST  
BARIATRIC SURGEON WITH A MULTI-DISCIPLINARY TEAM



# Dr Phil Lockie

## GENERAL SURGEON

General Surgery, Upper GI Laparoscopic  
and Hernia Specialist - Bariatric Surgeon  
with a Multi-Disciplinary Team



*"Expert Care - Excellent Results"*

North West Private Hospital  
St Andrew's War Memorial Hospital  
St Andrew's Private Hospital Ipswich  
Springfield Lakes  
Stanthorpe Hospital

Phone **(07) 3353 2011**  
[www.drphillockie.com.au](http://www.drphillockie.com.au)

Our philosophy is to fully support our patients who are interested in losing weight. Our management program offers continuity and momentum to ensure the best results are achieved by our patients.

### Our Team Approach

The Brisbane Institute of Obesity Surgery specialises in a team approach to battling obesity.

Dr Phil Lockie works with his team of specialists to provide you with not only the skills to lose weight in a healthy and safe way for the short term but to equip you with the essential dietary and psychological knowledge to maintain a healthy weight long term. Our team of highly qualified specialists believe it is important to create a tailored package per patient rather than taking an "one plan fits all" approach.

### Our Support Group

Our support group is based at North West Private Hospital, 137 Flockton Street, Executive Suites.

The meetings are managed by our psychologist Michelle Van Vuuren and have proven to be an invaluable asset once the initial postoperative recovery is over. It is also beneficial for patients who are interested in bariatric surgery, to come along and talk to our previous patients. We have guest speakers each month and any issues are referred on to the appropriate specialist.

## Meet the Team

### Dr Phil Lockie



**Surgeon** | MB BCH MPhil FRCSI (Gen) FRACS

**Upper GI, Bariatric, Laparoscopic Hernia Specialist**

I am an Australian and UK trained Upper GI and Laparoscopic Surgeon. I trained mainly in the UK before completing an Upper GI Fellowship at Royal North Shore Hospital in Sydney and this was followed by a Laparoscopic Surgical Fellowship in Canberra.

I specialise in laparoscopic and minimally invasive surgery of the abdomen and gastrointestinal tract. I offer a comprehensive range of weight loss procedures, all performed laparoscopically. I have conjoint qualifications in both upper and lower endoscopy and offer an open access endoscopy service in addition to specialist consultation for Upper Gastro Intestinal disorders.



### Shirley Lockie

**Perioperative Nurse Surgical Assistant**

RN MClin Sc PNSA  
Dip Practice Management



I am fortunate enough to hold the position of Clinical Coordinator in the practice. With over 15 years theatre nurse experience I took further training in advanced practice to become a Perioperative Nurse Surgical Assistant with my Masters in Clinical Science specialising in obesity.

This role enables me to coordinate a plan of individualised care for each patient. I act as the point of contact, identifying and action planning for issues such as obstructive sleep apnoea, diabetes, hypertension, risk assessment gastroscopy, barium swallow and pre bariatric bloods.

These skills of preop assessment also transfer to other general surgery admissions and post operative care resulting in all our operations having a holistic approach to clinical care.

I continually update the practice with our team of specialists on a research based practice. Our practice and its delivery of care is always evolving.

***This is a safe way to prepare for surgery identifying potential recovery difficulties. Preparation is the key to a smooth recovery.***

### Michelle Van Vuuren

**Psychologist**

BA (Hlth& Sci), HONS (Soc Sci), M PSYCH (Ed & Dev) MAPS



As part of a multidisciplinary team, my focus is to enable patients to confront emotional and life challenges, in order to promote growth, change and healing in a supportive therapeutic relationship. I am passionate about assisting my patients to live a vital, engaged and fulfilled life.

I am a registered Psychologist and a full member of the Australian Psychological Society. I have worked with patients to address a range of difficulties, including anxiety, depression, stress, anger, life style transition problems and trauma.

***My therapeutic approach emphasises a holistic perspective of an individual and endeavours to provide a safe and non-judgemental environment to assist a person identify and develop their own individual strengths to overcome the difficulties they are facing.***

