

# “LOOKING AFTER YOUR METABOLIC HEALTH”

Robotic, Laparoscopic, Upper GI, Bariatric and Hernia Surgeon.

## Follow Up

It is recommended by the practice that you attend 3 monthly in the first year for blood work and consultation.

Checking annually with us, can help to maintain good results.

**Contact our rooms for your follow up appointment on 07 3355 2011**

**Free Car Parking & Disabled Access**

*My therapeutic approach emphasises a holistic perspective of an individual and endeavours to provide a safe and non-judgemental environment to assist a person identify and develop their own individual strengths to overcome the difficulties they are facing.*

• *Dr Michele Van Vuuren*

*My focus is to educate and teach patients how to ensure adequate nutrition following weight loss surgery as well as to equip them with the necessary skills to maintain a healthy lifestyle.*

• *Michelle Graham*

*Our team is experienced and established.*

*Take your time to make a decision right for you. Exploring your options with your team is key to your success.*

*Individualised care is our focus!*

• *Shirley Lockie Director*



We are the same integrated team with over 17 years experience together, dedicated to provide you with the best weight loss procedure. Through your journey with us you will be supported by experts in the field of obesity and metabolic surgery.

*"Expert Care- Excellent Results"*



**Dr Phil Lockie**  
SURGEON



**“EXPERT CARE - EXCELLENT RESULTS”**

**St Andrew's War Memorial Hospital  
North West Private Hospital**

ROBOTIC, LAPAROSCOPIC, UPPER GI, BARIATRIC AND HERNIA SURGEON.

615 Stafford Road, Stafford 4053

Phone 07 3355 2011 | Fax 07 3355 1677

Email [info@drphillockie.com.au](mailto:info@drphillockie.com.au) | [www.drphillockie.com.au](http://www.drphillockie.com.au)

Phone (07) 3355 2011  
[www.drphillockie.com.au](http://www.drphillockie.com.au)



Our philosophy is to fully support our patients who are interested in losing weight. Our management program offers continuity and momentum to ensure the best results are achieved by our patients.

### Our Team Approach

Dr Phil Lockie’s practice specialises in a team approach to battling obesity.

Dr Phil Lockie works with his team of specialists to provide you with not only the skills to lose weight in a healthy and safe way for the short term but to equip you with the essential dietary and psychological knowledge to maintain a healthy weight long term. Our team of highly qualified specialists believe it is important to create a tailored package per patient rather than taking an "one plan fits all" approach.

### Our Support Group

Our support group is based at North West Private Hospital, 137 Flockton Street, Executive Suites.

The meetings are managed by our psychologist Dr Michele Van Vuuren and have proven to be an invaluable asset once the initial postoperative recovery is over. It is also beneficial for patients who are interested in bariatric surgery, to come along and talk to our previous patients. We have guest speakers each month and any issues are referred on to the appropriate specialist.

## Meet the Team

### Dr Phil Lockie



**Surgeon** | MB BCh BaO MPhil  
FRCSI FRACS FASMBs  
**Robotic, Laparoscopic, Upper GI,  
Bariatric and Hernia Surgeon**

I am an Australian and UK trained Upper GI and Laparoscopic Surgeon. I trained mainly in the UK before completing an Upper GI Fellowship at Royal North Shore Hospital in Sydney and this was followed by a Laparoscopic Surgical Fellowship in Canberra.

I specialise in robotic and laparoscopic minimally invasive surgery of the abdomen and gastrointestinal tract. I offer a comprehensive range of weight loss procedures, all performed laparoscopically. I have conjoint qualifications in both upper and lower endoscopy and offer an open access endoscopy service in addition to specialist consultation for Upper Gastro Intestinal disorders.



**Shirley Lockie**  
Nurse Practitioner  
Surgical Assistant

RN MClIn Sci PNSA  
MSN NP Dip PM



I have an interest in metabolic health and management of weight related issues with or without surgery.

With surgical patients I focus on pre-optimisation which includes OSA, diabetes, hypertension and all of your medications.

We have specialists at each location to work with you to ensure you have a successful recovery. E.g, Cardiology, Respiratory, Renal Physician, Endocrinology and Gynaecology.



**Dr Michele Van Vuuren**  
Psychologist

Psychologist BA  
(Hlth & Sci) HONS  
(Soc Sci), M PSYCH  
(Ed & Dev)  
MAPS - MCEDP, PhD

I am a registered Psychologist and a full member of the Australian Psychological Society. I have worked with patients to address a range of difficulties, including anxiety, depression, stress, anger, life style transition problems and trauma.

My recently completed PhD research program focused on identifying the causes of weightloss failure for primary, revisional and multiple revisional bariatric-surgery patients.

# “LOOKING AFTER YOUR METABOLIC HEALTH”



**Michelle Graham**  
Dietitian

BSc. (Nutrition);  
Masters Nutrition and  
Dietetics Accredited  
Practising Dietitian (APD)

I am an Accredited Practising Dietitian (APD) working in the private and public sector for the past 19 years. I hold a Bachelor of Science majoring in Nutrition as well as a Masters of Nutrition and Dietetics as well as being an active member of the Dietitians Association of Australia.

I have been working intensively in the area of weight loss surgery for the past 17 years in which time I have gained valuable experience in this specific area. In addition to working in the field of bariatrics, I have a keen interest in many other areas including diabetes, coeliac /diverticular disease and sports nutrition.

# “EXPERT CARE, EXCELLENT RESULTS”